



BACK TO BASICS

Changing the world one life at a time

2:00 PM Sunday at A.C.E.

During this powerful and concise four week program we will cover the Back to Basics approach to step-work, meditation, and sponsorship.

Beginning on the *first Sunday* of each month these four one hour sessions are held on four consecutive Sundays at the Alano East Club in Lansing, MI. There is no cost for the sessions. Books and all materials are provided.

If you're a beginner, we offer you a safe and welcoming environment that will concisely introduce you to guiding principles of AA recovery over the course of the month:

“It takes away some of the mystery. It makes the step work easy, relevant, and exciting.”

- **Previous Back to Basics participant.**

If you are a person with moderate or longer term recovery; we offer you an effective and nonjudgmental environment to complete or reconnect with your step work and revitalize your program of recovery.

“It answers all the questions I’ve had about the program and how it actually works.”

- **Previous Back to Basics participant.**

For more information please visit:

www.BackToBasicsLansing.com